THE INTERCOM

Public Information & Co-operation with the Professional Community Quarterly Newsletter

Whats in this issue?

Upcoming Events!

Committee Sponsorship?

Your submissions!

Resources to help!

Please contact us:

Rio D; Public Information Panel 67, BC/Yukon Area 79 Email:

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a.org

Steve C; Cooperation with the Professional Community Panel 67, BC/Yukon Area 79 Email: cpc@bcyukonaa.org

What is Inter-Com?

The Inter-Com is our newsletter, by us and for us. The newsletter is for the exclusive use of A.A. members who wish to exchange information about Public Information (PI) and Cooperation with the Professional Community (CPC) work within Area 79. The Inter-Com is a Quarterly publication - Winter, Spring, Summer, and Fall! It is a fantastic opportunity for Districts, specifically PI and CPC Committees to share experience, strength and hope - new ways to reach the public and cooperate with the professional community - how you're doing in your district.

UPCOMING EVENTS: District 39 CPC/PI Luncheon Abbotsford

We are excited. CPC and PI have joined forces in Abbotsford with the unanimous support of our District 39 members to hold a luncheon for the professionals in Abbotsford this coming November 17. We expect to have over 100 in attendance with our CPC/PI liaisons working hard creating excitement by inviting professionals in the areas of medicine, education, treatment, emergency services, government agencies, all religious denominations, media, judicial branches and transportation. We are pleased to have appointed a first nations liaison who is creating an interest of cooperation with our first nations brethren with this luncheon and in other areas of cooperation in our district

We will have a wonderful hot lunch, A.A. and Al-Anon speakers, interaction, a comedic skit and fellowship.

We will have a limited amount of tickets available for members of Alcoholic Anonymous for only \$20 and would ask those interested to contact us for more information and to reserve your seat.

Jim R - CPC Chair cpc@abbotsfordaa.org Michael J - PI Chair pi@abbotsfordaa.org

Committees helping Committees

Would your existing PI, CPC or PI-CPC combined committee be interested in sharing your experience strength and hope with a newly formed committee or a struggling committee in another district? Would your committee be willing to Skype or Conference Call in to help mentor/
sponsor or help create some enthusiasm in your District working in PI or CPC service? If you are interested in doing so please email us at either publicinformation@bcyukonaa.org OR cpc@bcyukonaa.org

We would love to get committees talking to each other and also to us! Rio (PI) & Steve (CPC) are always available to help out please contact us with your questions and concerns.



What's happening in District 71 - Kelowna

Hello Everyone!

We are the CPC-PI committee from District 71. Having an average of six committee members, four of which have been steady members for almost two years.

We have been involved in quite a bit over the last few years, working hard in different areas to benefit the public's knowledge and awareness of Alcoholics Anonymous.

Some of the things we've been a part of is speaking at our school district's annual meeting in attempt to present at our public schools, from that we were invited to attend many events that involved our mental health community, including having a booth at the Dr. Gabor's lecture (picture attached), put on by UBC. We were blessed in meeting with Rio, who met with our committee while in Kelowna where she put on a presentation for our District. We had many questions, great conversation, and a lot of a-ha moments, getting us all pumped up to continue our journey within CPC-PI. Through luck with a new committee member who joined us from a different District, we were able to speak at a Catholic School to around 50+ grade 7 students. We were both blown away and touched with the questions that came from them and learned how to make our presentation even better the next time we have a chance to speak in the schools.

As of late we have implemented the Adopt-a-Doctor program where member's of AA drop off pamphlets to Doctor's around the city, which tuned out to be a huge success at the District meeting, with requests of more packages all the time! Last month two of our members spoke to the workers at our local Salvation Army. We were, again, blown away with the questions and floored to find out some of them didn't know anything about AA. We left with a great sense of appreciation for our program and the fact that they can now pass on great information on to their clients.

Thank you for the opportunity to share our journey so far, our committee would love to Skype with other committees, sharing our experience, strength, and hope. We believe this can be a limitless benefit for all. Please email us at publicinformationaakelowna@gmail.com if you are interested. We wish you all another 24!

Thank you kindly, Christina, Shari, Jenalee, Sherri, Mark, and Marla District 71 CPC-PI Committee



How To Make Submissions to the Inter-Com

We would love to hear from PI and CPC Committees with what is working, what is not working—looking for shared experience.

Sharing experience, strength and hope within our Area.

It's as easy as 1, 2, 3

- 1. Email your story, submission, and/or question to: publicinformation@bcyukonaa.org or cpc@bcyukonaa.org
- 2. Please identify yourself by first name and last initial only, in keeping with our tradition of anonymity.
- 3. Please identify your contribution to the Inter-Com with District number and a brief review of where your district is within BC/Yukon and please specify if your committee is PI, CPC, or PI/CPC.

Your suggestions/comments/input are not only needed but are also greatly appreciated and will make The Inter-Com successful.

COOPERATION WITH THE PROFESSIONAL COMMUNITY ... "NEWS BULLETIN"...

BC College of Family Physicians Conference

The BC College of Family Physicians Conference was a wonderful opportunity that I enjoyed with a few dedicated members of the fellowship June 3 and 4, 2017 in Vancouver. We were able to share our literature and experience in conversations with 54 of the 350 doctors in attendance and I believe simply being present at the Conference let the doctors know that AA is alive and well in the BC/Yukon area.

We listened to the frustrations of dealing with untreated alcoholism, or alcohol use disorder, in a clinical setting including the resistance that many of those patients have to that medical diagnosis. That resistance seemed difficult for physicians to understand because they are used to having their patients accept their diagnosis especially when it is given based on clinical testing. As our pamphlet to Health Care Professionals acknowledges the alcoholic's resistance to diagnosis and indicates that their denial seems to be part of the disease.

Through our literature we provided information to the Doctors on what AA does and does not do, where to find us in the community and on line, which meetings the physicians or student doctors could attend, the services that we can provide to them etc. We made what I believe are valuable contacts with many doctors and the College of Family Physicians and let them know that we are always willing to cooperate, but not affiliate, with them and their attempts to help their patients find a treatment for what they often refer to as alcohol use disorder.

Steve C

CPC Chair-Area 79, Panel 67

Here is the District 24 (Kitsilano) report:

We are an extremely active Public Information committee, and had another successful speaking at schools year. We spoke at 8 different schools (4 new



schools from last year), at 27 different sessions, and spoke to almost 900 students. We continue to have excellent support of our speaker database by continuing to host workshops and did our last one at the Vancouver Alano Club on April 8th, 2017, to which we had approximately 30 attendees.

We are planning on adding Cooperation with the Professional Community (CPC) within District 24 to assist in reaching out to nurses and doctors as we are always looking to grow.

Yours in love and service.

Belle N.

District 24 Public Information Chairperson

PI & CPC RESOURCES

- 1) IS YOUR COMMITTEE REGISTERED WITH OUR AREA REGISTAR?
- 2) DO YOU HAVE A PI OR CPC KIT? YOUR COMMITTEE WOULD GET ONE IF YOU HAD YOUR DCM REGISTER YOU.
- 3) DO YOU KNOW WHERE TO GET SOME COMMITTEE WORKBOOKS?
- 4) HAVE YOU READ THE GUIDELINES?
- 5) HAVE YOU CHECKED OUT <u>aa.org</u>? DID YOU KNOW YOU COULD VIEW PSA'S (Public Service Announcements) THERE ON-LINE?

Pon't forget to tell us how your committees are doing. Your submission could be in our next edition coming up in October 2017

