

# The Inter-Com—July 2015

Public Information (PI)

Cooperation with the Professional Community (CPC)

PANEL 65

JULY 2015 ISSUE

## WHAT'S IN THIS ISSUE:

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## What is Inter-Com?

The Inter-Com is our newsletter, by us and for us. The newsletter is for the exclusive use of A.A. members who wish to exchange information about Public Information (PI) and Cooperation with the Professional Community (CPC) work within Area 79. The Inter-Com is a Quarterly publication - January, April, July and October.

It is a fantastic opportunity for Districts, specifically PI and CPC Committees to share experience, strength and hope - new ways to reach the public and cooperate with the professional community - how your doing in your district.

**Please have your submissions for October 2015 Inter-Com in by Sept. 15, 2015**

*Here we are again!! Thank you to everyone for your contributions to this, our third Panel 65 edition of our newsletter! We really hope that you enjoy it, and pass it along to other AA members that you think would enjoy it also, especially your PI and CPC Committees. We are publishing this newsletter as a forum for all of us to share our experience, strength and hope as it relates to PI and CPC - what a great opportunity to share what works, new ideas, and even what doesn't work!*

***Special thank you to Districts 24 and 37 for your submissions!***

*Have something you would like to share with others? Or would you like to receive some shared information? Or just need help finding some information? Please feel free to contact us.*

*Yours in Love, Unity and Service*

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"Our Twelfth Step—carrying the message—is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society for alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die."

The A.A. Service Manual, "A.A.'s Legacy of Service" p.S1

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## Friendly with our Al-Anon Friends

Recently we hosted a CPC Information Table at the BC College of Family Physicians Spring Family Medicine Conference in Vancouver. We had lots of volunteers from AA CPC committees all over the lower Mainland helping out, providing information to Family Physicians from all over British Columbia.

As we were discussing the principles of how we cooperate with professionals with one of the physicians, she confided in us

that she was having trouble with a family member's drinking, saying "sometimes I just want to wring his neck!!" and "I just don't know what to do, it's killing me!" We were able to provide information for Al-Anon Family Groups, in addition to the CPC literature she was requesting.

*"I just want to wring his neck!!"*

Isn't it fortunate that we have friends such as Al-Anon where people can find others just like them, and share the difficulties of living with and loving an alcoholic!!

*What does your Committee do?*

*Share your experience in the Inter-Com*

## The More Communication the Better!

**District 24**, representing **Kitsilano** and **Downtown Vancouver**, started up a new PI Committee in August 2014.

...In no time at all, we have grown to 15 committee members and have spoken at five schools, hosting over 30 sessions to over 900 students! We have received almost \$400 worth of AA literature, of which 3 books have been donated to libraries thus far, and the other 38 books to be donated to various locations soon! We also have plans to donate Grapevine subscriptions to local Youth Centers and gift schools with Big Books and counsellor packages.



In April 2015, our first issue of a brand new Lower Mainland newsletter was created to share the efforts and successes of all active committees here in Vancouver and a 'master list' of contact information for Public Information Committees in the GVRD was initiated to further strengthen communication among districts. Our committee appreciates the importance of unity and we are grateful for the support of Intergroup and BC Yukon in these initiatives to keep the lines of communication open.

Yours in love and service,  
Mike N.

District 24 Public Information Chairperson

## Alcoholics Anonymous ...there is a solution

One day at a time, **White Rock** has been making progress in re-establishing a network of public relations within our South Surrey community.

First things first. Brook N. set about a fresh approach to Public Information/Cooperation with the Professional Community. A tone of unity of service, involving a wider cross section of AA groups, became priority. Public Information meetings are now held at a more convenient time and location, and monthly attendance has now increased to around 6, with representation from a variety of groups.

It started simple. An inventory of service brochures was taken... and we even read some. To deepen our own understanding of service, a single Concept is discussed at each monthly meeting. Our local libraries were checked for their supply of the A.A. Big

Book, happily their most stolen or missing book!

Our district monthly newsletter is useful for communicating Public Information events. Recent Work-

shops have been held to explain

the bigger picture of general service, and speaking in schools.

Easy Does It is our approach to event planning, building trust in our outreach to the public school system next year.

A luncheon for our Professional community is set for September 25th.

Luncheon invitations are being special printed for members' contacts. Invitations will also be included in a separate information package, be-

ing prepared for our Medical Clinics.

May God bless our efforts.



*An inventory  
of service  
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## How to Submit a story to the Inter-Com

We would love to hear from PI and CPC Committees with what is working, what is not working—looking for shared experience. If you have a particular question or topic you would like to ask of others working in PI/CPC work, feel free to submit your questions. We will publish it to be answered by others districts in a future newsletter.

**Sharing experience, strength and hope within our Area.**

### It's as easy as 1 2 3

- 1.** Email your story, submission, and/or question to: [publicinformation@bcyukonaa.org](mailto:publicinformation@bcyukonaa.org)
- 2.** Please identify yourself by first name and last initial only, in keeping with our tradition of anonymity.
- 3.** Please identify your contribution to the Inter-Com with District number and a brief review of where your district is within BC/Yukon and please specify if your committee is PI, CPC, or PI/CPC.

Your suggestions/comments/input are not only needed but are also greatly appreciated and will make our exchange successful.

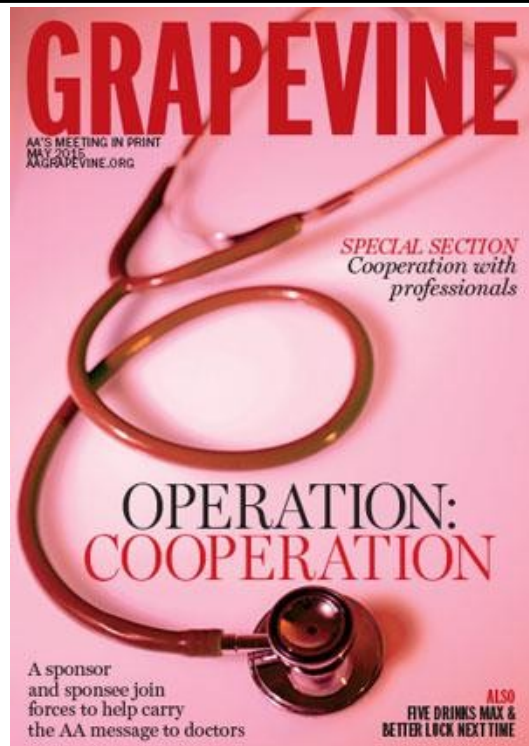
# PI and CPC Resources in AA - THE GRAPEVINE and AA.ORG!

*There is so much that goes on in PI and CPC all over AA!! Below is some information and some resources that may help you learn about PI and CPC in AA all over North America and the World!*

## MAY ISSUE of GRAPEVINE has a special CPC Section!

Excerpt from Letter from the Editor:

In "Working With Others," our co-founder, Bill W., suggests that while helping an alcoholic we may want to "let the doctor, if he will, tell him he has something in the way of a solution." But how will the doctor know about AA or where to find us? Committees on Cooperation With the Professional Community (CPC) are made up of members who bring AA information to professionals—such as doctors, lawyers, judges, clergy and therapists—who come in contact with alcoholics. In his 1958 Grapevine essay, "Let's Be Friendly with Our Friends," Bill wrote, "So let us work alongside all these projects of promise to hasten the recovery of those millions who have not yet found their way out." This month's special section features stories of the many ways AAs provide this important service.



## WWW.AA.ORG has all the PI Literature!!

Did you know that you can go online to [www.aa.org](http://www.aa.org) and access ALL the Professional Information literature you could ever want?? You can get one copy for yourself free! (any more than one and you should purchase)

Go to [www.aa.org/pages/en\\_US/public-information-committees](http://www.aa.org/pages/en_US/public-information-committees) and you can see the workbook, guidelines and see and read all the relevant literature you need for your Public Information work!

