## What a Member of Teleconferencing has to say:

Hello, my name is...

I am a grateful recovering alcoholic and grateful recipient of the **Remote Connection Program** which is an outreach teleconferencing meeting.

Our "HORNBY ISLAND RECYCLED GROUP" has linked up with the remote outreach group since February 2011 and let me tell you – it has been a godsend – a real blessing. The Sponsoring group is a truly great bunch of people who come together each Wednesday at 7:30 p.m. to reach out with a meeting, even if it's just me on the other end of the line. Sometimes we link up with "Ahousat" on the west coast of Vancouver Island where they too have only two members.

The remote meetings have turned out to be some of the best meetings I have attended. The sharing is full of numinous insights and I often jot down notes to myself which carry me through the week as I re-read them. I always feel uplifted, revitalized, supported, encouraged and strengthened, and these meetings keep me on track as well as bringing me back to basics. At a time when our meeting is floundering, the remote outreach meetings help to keep the doors open for those who still suffer — for all this I am totally and truly grateful.

Sincerely, a friend of Bill W's in need and deed.

#### **Services**

- Teleconferencing Meetings
- A.A. Speaker Recordings
- Library of old Grapevines etc.
- Temporary Sponsors
- e-mail/telephone contacts

#### **Contact Us**

Email:

remotecommunities@bcyukonaa.org

Phone:

604-435-2181

Mail:

PO Box 42114 Vancouver, BC V5S 4R5

I am responsible ... when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.



BC/Yukon Area 79

#### Mission Statement

To foster unity within the fellowship of Area 79 by creating an awareness of the needs of alcoholics in remote communities. This committee seeks to assist those who are unable to make it to regular face-to-face meetings on a consistent basis. Members may be faced with travel or geographic challenges or may face barriers such as language, cultural considerations and/or anything else that could separate a person who needs A.A. from our lifesaving program of recovery.

#### How can you help?

Sign up to be a temporary sponsor; provide copies of A.A. speaker CDs; have your group sign up to sponsor a **Remote Connection Program** meeting or have your district consider having a **District Remote Communities Chair** position.

# How difficult is it to do a Remote Connection Program meeting?

It is no more difficult than dialling a normal phone call or Skyping with a friend. All you need is two phones equipped with speakers/mikes. Cost and quality vary so check into what equipment suits your needs. Next is a cheap long distance plan and you are off.

It is as simple as that.



## If you live in a remote area, what can you do?

Sign up to be involved in Teleconferencing. See more testimonials from members using this service at: bcyukonaa.org

Contact your Remote Communities Chair or your District Committee Member to find out what services are available.

### Some Statistics on BC/Yukon Area 79

The BC/Yukon Delegate Area 79 includes the Yukon Territory, most of British Columbia and one small section of Washington. At 1,431,250 km<sub>2</sub> (552609 sq mi.), it is the second largest Delegate Area in Canada/USA. Area 79 includes districts that are of equal size to the states of Mississippi and Maryland combined, not to mention districts that are as big as the third-largest state in the US, smaller only than Texas and Alaska. From the southernmost tip of British Columbia to the northernmost tip of the Yukon Territory is а staggering 2,540km/1,587 mi.

A trip from Vancouver to Prince Rupert is just under 1/4 the length of Area 79 geographically (789km/493 mi.). However, actual road travel comes in at twice this length due to navigating around vast mountain ranges, rivers and lakes. This extends the trip to approximately 20 hours and 1,516km/947 mi., the equivalent of Vancouver to San Francisco. BC/Yukon has many districts and groups that are only serviceable by ferry, small plane, boat or even snowmobile.

Prince George is almost the geographical centre of BC and for this reason is often referred to as the "Hub City". Almost all roads to the central and northern parts of the province, as well as the Yukon, pass through Prince George.