



## **BC/Yukon Area 79**

[www.bcyukonaa.org](http://www.bcyukonaa.org)

General Service Committee

PO Box 42114 • Vancouver BC V5S 4R5 • Tel (604) 435-2181

### **Considerations for People Living in a Remote Situation**

1. You can contact Alcoholics Anonymous in **BC/Yukon Area 79** by:  
**Phone:** (604) 435-2181  
**Email:** [remotecomunities@bcyukonaa.org](mailto:remotecomunities@bcyukonaa.org)  
**Website:** [www.bcyukonaa.org](http://www.bcyukonaa.org)  
**Mail:** c/o Remote Communities Committee Chair  
BC/Yukon Area 79  
P.O. Box 42114 Vancouver, BC V5S 4R5
2. At the above site, you will find information on the **Remote Communities Connection Program**. This is where you can have an A.A. meeting via telephone (and/or possibly Skype) with a sponsoring group at no cost to yourself.
3. Would you appreciate a **Temporary Sponsor (Mentor)** or a **phone** and or **email buddy**?
4. We can supply you with some **A.A. Speaker CDs**.
5. There are some **Teleconference Meetings** listed on the BC/Yukon Area 79 website at [www.bcyukonaa.org](http://www.bcyukonaa.org) under the "Find a Meeting" tab. Click on Remote Communities.
6. The General Service Office website, [www.aa.org](http://www.aa.org), is a great resource for A.A. information. You can even read the Daily Reflection, which is a free daily download available in English, French and Spanish.
7. Information about **Online Meetings** can be found at [www.aa-intergroup.org](http://www.aa-intergroup.org). There are some easily accessible meetings in languages other than English.
8. May we suggest the **Grapevine** magazine (our A.A. meeting in print) and Grapevine's other publications. You may contact Grapevine at:  
**Website:** [www.aagrapevine.org](http://www.aagrapevine.org)  
**Mailing Addresses:**

<b>New York Office:</b> 475 Riverside Drive New York, NY 10115	<b>Customer Service Grapevine</b> PO Box 16867 North Hollywood, CA 91615-6867
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**Customer Service La Viña:**

PO Box 15635

North Hollywood, CA 91615-5635

**Telephone Numbers**

**New York Office:**

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9. **Loners-Internationalists Meeting:** This service can be accessed through the General Service Office:

**Mailing address:** Box 459, Grand Central Station, New York, NY 10163

**Telephone:** (212) 870-3400

**Fax:** (212) 870-3003

**Website:** [www.aa.org](http://www.aa.org)

*These considerations are meant as possible tools for someone living in a remote situation, whether short-term or long-term. We would love to hear any suggestions for information that you feel could be added here.*