

SPECIAL POINTS OF INTEREST:

- What is Inter-Com?
- How to Submit a Story
- What is PI and CPC?
- Getting started....
- Looking for....
- Closing Comments from your Area 79 PI and CPC Chairpersons

What is Inter-Com?

The Inter-Com is our newsletter, by us and for us. The newsletter is for the exclusive use of A.A. members who wish to exchange information about Public Information (PI) and Cooperation with the Professional Community (CPC) work within Area 79. The Inter-Com is a Quarterly publication - January, April, July and October.

It is a fantastic opportunity for Districts, specifically PI and CPC Committees to share experience, strength and hope - new ways to reach the public and cooperate with the professional community - how your doing in your district.

How to Submit a story to the Inter-Com

We would love to hear from PI Committees and CPC Committees with what is working, what is not working—looking for shared experience. If you have a particular question or topic you would like to ask of others working in PI/CPC work, feel free to submit your questions. We will publish it in a future newsletter to be answered by others districts with experience, strength and hope within our Area.

It's as easy as 1, 2, 3

1. Email your story, submission, and/or question to:
publicinformation@bcyukonaa.org or cpc@bcyukonaa.org
2. Please identify yourself by first name and last initial only, in keeping with our tradition of anonymity.
3. Please identify your contribution to the Inter-Com with District number and a brief review of where your district is within BC/Yukon and please specify if your committee is PI, CPC, or PI/CPC.

Your suggestions / comments / input are not only needed but are also greatly appreciated and will make our exchange successful.

Please feel free to contact:

Jeff C; BC/Yukon Area 79 CPC Chairperson at
cpc@bcyukonaa.org or Cyndi V; BC/Yukon Area 79 at
publicinformation@bcyukonaa.org

Getting Started in CPC....

This is a new Committee which began in 2013 and has made some great strides. We have a regular CPC meeting once a month where we have a mock CPC Presentation and critique it for the benefit of all to learn. We also review three pamphlets and a new Concept every month. There is an average of 4 – 6 people at each meeting. We have put together *CPC Guidelines* that help us know what our responsibilities are.

We have done a Presentation for a **Clerical** group of 20 people. We were unsuccessful in breaking into our local **Responsible Driver Program** because of Privacy laws and considerations. Because of our connection, A.A. in Vancouver was contacted by the Stroh Health Care – Head Office to give a CPC Presentation. Stroh Health Care is responsible to the British Columbia Government for Court ordered **RDP** and **Anger Management** courses.

At each Presentation, we hand out a *About A.A. Professional subscription – Open meeting questionnaire* which has generated 36 subscriptions to **About A.A.** and 45 people interested in going to an **Open A.A. meeting**.

“This is a new Committee which began in 2013 and has made some great strides.”

We also produced a *Best Practices* to help prepare our CPC Committee who are taking these Professionals to an Open meeting.

We are having a display table at our local **Law Day** this Saturday where we are anticipating 200 – 250 people to attend. We are also planning to put on a presentation to our local **Family and Criminal Bar Association** sometime in May.

CPC is now listed on our local Nanaimo Inter-group website under “Services” and “Information for Professionals” where Professional’s can learn about our local CPC Committee work and connect to the G.S.O. website for more information, which includes streaming our Video presentations.

We prepared about 30 envelopes labelled **Adopt a Doctor** and **Adopt a Professional** which were handed out at the two District meetings as well as our CPC meeting.

I will add that I am very much enjoying this adventure in service and continue to learn more about the program that saved my life, everyday.

Your humble servant,
Clifford T. CPC Chair District 5 & 7 Nanaimo

*What does your Committee do?
Share your experience in the Inter-Com*

Suggested P.I. Committee Goals

- Be sure every public library has at least one Conference approved book (eg; the Big Book)
- Place a literature rack in every high school, college, police station, library, and hospital
- Send a letter to the high schools, offering A.A. literature and/or a presentation on AA.
- Put meeting schedules behind the front desks at every hotel, motel and bed and breakfast.

- taken with permission from PI Workbook

Suggested C.P.C. Committee Goals

- Share your enthusiasm! Find a co-chair and interested members in order to help
- Contact professionals and offer to meet with them in their office to share information
- Invite professionals and professional students to attend an open meeting
- Utilize the “About AA” newsletter for professionals (past issues can be found on www.aa.org)

- taken with permission from CPC Workbook

What is PI?

PI = Public Information

Public Information in Alcoholics Anonymous means carrying the message of recovery to the still-suffering alcoholic by informing the general public about the A.A. program.

- taken with permission from the Public Information Workbook; AAWS

What is CPC?

CPC = Cooperation with the Professional Community. Cooperating with non-alcoholic professionals is an effective way to carry the message to the sick alcoholic. Through professionals, alcoholics may be reached who might otherwise never find the program, or they may be reached sooner with the help of informed non-AAs.

- taken with permission from the Cooperating with the Professional Community Workbook; AAWS

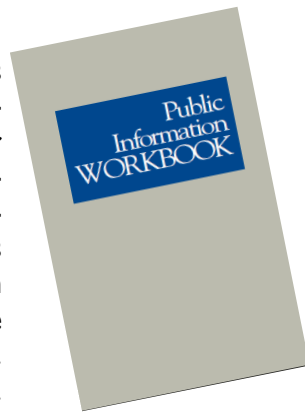
In some locales, C.P.C and P.I. committees are separate; elsewhere they function as one committee covering two services - taken from PI Guidelines

Getting Started in Public Information...

Dear friends,

For over a decade there has been very little Public Information activity in our area. Earlier this year we formed our PI committee. By following the suggested P.I. Committee Goals from the Public Information Workbook under the guidance and direction of our Area 79 P.I. Chair Larry B. and GSO P.I. Chair Jim M. plus observing and working with other successful districts we have managed to reach some major accomplishments in a short period.

First we listed and set up a distribution network and started getting pamphlets and information to schools, hospitals, medical offices, youth centres, senior homes coffee shops, community bulletin boards and other locations. We have been fortunate working with such outlets as the coffee news, our



community TV station and radio station organizing and running public service announcements.

We have been working with some of our East Indian members to produce a Public Service Announcement in Punjabi and Hindi to be broadcast on the many radio stations in the Vancouver area reaching those still suffering alcoholics in their own language. This is a first for A.A.

A.A. has given us the tools from the experience of those who have gone before us and with the present leadership at Area and GSO making our task easier.

Thank you.

In love of service,
Jim R; Public Information Co-Chair
District 39; Abbotsford

"We have managed to reach some major accomplishments"

Looking for submissions.....

Can you offer some suggestions - experience, strength and hope - to encourage other Districts:

1. How did your District form their PI and/or CPC Committee?
2. What are some goals your Committee has?
3. Can you share a success story from your Committee?
4. What ways can we carry the message through PI and/or CPC ?

Please have your submissions for April 2015 Inter-Com in by March 15, 2015

Thank you for your contributions to this, our first Panel 65 edition of our newsletter! And thank you to those who are reading this first edition. Please share this with your PI and CPC Committees. This is a forum for sharing. We are here to help facilitate this sharing, and help others in the same positions as you, to learn and grow. Together, we can reach the alcoholics who are still out there, as well as the professionals who come into contact with them in their daily work. The goal for this newsletter for 2015 forward is to make it a quarterly publication. We can only do this with your help, guidance and submissions.

Yours in Love, Unity and Service

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